

- <u>Be an Active Listener</u>: Pay close attention when your teacher or classmates are speaking. Recognize important information and phrases and take good notes.
- <u>Take Good Notes</u>: Make sure that your notes are neat and detailed so that when you are studying for a test, you remember what was previously taught. Review and rewrite your notes every night and highlight the most important information.
- <u>Get Organized</u>: Use your agenda book for important dates and assignments. Keep your locker and backpack neat so you don't loose any important papers and you can find what you need easily.
- <u>Use Study Strategies</u>: Study in a quiet place with minimal distractions. Use flashcards, acronyms and rhymes to memorize vocabulary words, spelling words, facts, and lists of information. Prioritize your work; memorize material and then review it all at the end of the study session. Most importantly: Do not wait until the night before to study for a test or quiz.
- Stay Calm: